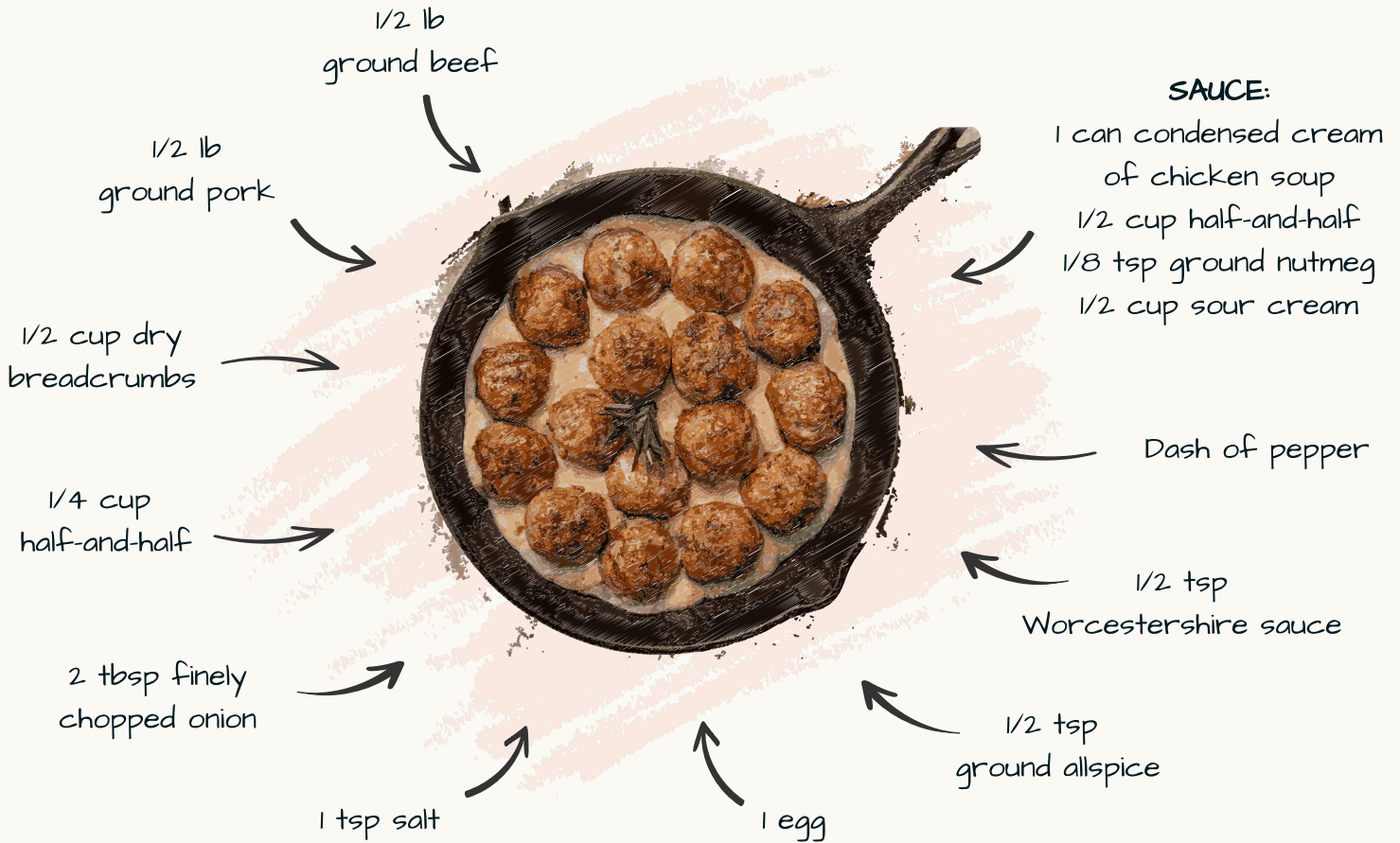


* Swedish Meatballs *

From: Kathy Baldauf

Time: 35 mins

Meatballs: 40+



To Make the Meatballs:

To Make the Sauce:

1 Mix all ingredients except those listed for the sauce.

2 Shape mixture into 1-inch balls.

3 Cook in skillet over medium heat, turning occasionally, until browned (about 20 mins).

1 After meatballs are cooked, drain. Stir in soup, half-and-half, and nutmeg.

2 Heat to boiling, stirring occasionally. Reduce heat, cover, and simmer 15 mins.

3 Stir in sour cream and heat through.

Enjoy!